

## Jeffco Open/Collegiate High School Lunch Menu

**2015 - 2016**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Hot Ham and Cheese on Whole Grain Bun	Entrée Salad w/ Dinner Roll <b>V</b>	Galaxy Pizza/ <i>Black Jack Pizza</i> <b>V</b>	Entrée Salad w/ Dinner Roll <b>V</b>	Stuffed Crust Pizza/ <i>Black Jack Pizza</i> <b>V</b>
	Macho Nachos	Hamburger/Cheeseburger on Bun	Chicken or Cheese Quesadilla - <b>V</b>	Bean and Cheese Burrito with Rice <b>V</b>	Home-style Roasted Chicken w/ Whole Grain Dinner Roll
	<i>Black Jack Pizza</i>	<i>Chicken Fajitas</i>	<i>Deli Sandwich</i>	<i>Asian Bar –</i>	<i>Chicken Sandwich on Bun</i>
	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>	<i>Black Jack Pizza/Grill Choices</i>	<i>Grill Choices</i>
	Honey Glazed Carrots	Steamed Veggies <b>Cookie</b>	Pintos and Cheese	<b>Frozen Yogurt</b>	French Fries
WEEK 2	BBQ Chicken Drumstick w/Whole Grain Dinner Roll	Entrée Salad w/ Dinner Roll <b>V</b>	Stuffed Crust Pizza/ <i>Black Jack Pizza</i> <b>V</b>	Entrée Salad w/ Dinner Roll <b>V</b>	Galaxy Pizza/ <i>Black Jack Pizza</i> <b>V</b>
	Cheesy Breadsticks w/ Marinara <b>V</b>	Teriyaki Chicken w/ Rice	Grilled Cheese Sandwich w/Tomato Soup <b>V</b>	Crispy Chicken Nuggets	Spaghetti and Meat Sauce w/ Roll
	<i>Black Jack Pizza</i>	<i>Oven Fried Chicken</i>	<i>Egg Roll with Fried Rice</i>	<i>Burrito Bar V</i>	<i>Corn Dog</i>
	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>
	French Fries	Oriental Veggies <b>Frozen Yogurt</b>		Pintos and Cheese <b>Cookie</b>	Harvest Apple Sweet Pot. Bake

M/W/F: Broccoli/Cauliflower; Side Salad; Fresh Fruit; Canned Fruit  
 T/TH: Baby Carrots; Side Salad; Veggie Juice; Fresh Fruit; Canned Fruit  
 Choice of non-fat chocolate milk; 1% white milk or 8 oz. bottle water with each meal  
*Entrees listed in Green are available to all secondary students;*  
*Entrees in Red are available to High School students only*

*Pretzel/cheese sauce/seeds offered daily*

**Menu subject to change due to product availability**  
**USDA is an equal opportunity provider and employer**

**Early Release Days:** Notables® Lunch Kit: chips, cheese, salsa, seeds and juice  
 Grahams, sunbutter, soy nuts, applesauce and juice

Grill choices include Hamburger/Cheeseburger/Corn Dog/Crispy Chicken Sandwich/Chicken Nuggets with French Fries

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<b>WEEK 3</b>	Hot Dog w/ Chili	Entrée Salad w/ Dinner Roll <b>V</b>	Galaxy Pizza/ <i>Black Jack Pizza</i> <b>V</b>	Entrée Salad w/ Dinner Roll <b>V</b>	Stuffed Crust Pizza/ <i>Black Jack Pizza</i> <b>V</b>
	Macho Nachos <b>V</b>	Crispy Chicken Nuggets	Cheese Ravioli w/ Dinner Roll	Crispy Chicken Sandwich on Bun	Hamburger/Cheeseburger on Bun
	<i>Black Jack Pizza</i>	<i>Hot Ham and Cheese</i>	<i>Bean and Cheese Burrito</i>	<i>Pasta Bar</i> <b>V</b>	<i>Deli Sandwich</i>
	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>
	French Fries	Oriental Veggies <b>Cookie</b>	Pintos and Cheese	Steamed Veggies <b>Frozen Yogurt</b>	Honey Glazed Carrots
<b>WEEK 4</b>	Corn Dog	Entrée Salad w/ Dinner Roll <b>V</b>	Stuffed Crust Pizza/ <i>Black Jack Pizza</i> <b>V</b>	Entrée Salad w/ Dinner Roll <b>V</b>	Galaxy Pizza/ <i>Black Jack Pizza</i> <b>V</b>
	Pork Mojo or Cheese Quesadilla <b>V</b>	Turkey and Gravy w/ Whole Grain Roll	Fish and Chips	Macaroni and Cheese <b>V</b>	Hamburger/Cheeseburger on Bun
	<i>Black Jack Pizza</i>	<i>Crispy Chicken Sandwich</i>	<i>Deli Sandwich</i>	<i>Nacho Bar</i> <b>V</b>	<i>Oven Fried Chicken</i>
	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>	<i>Black Jack Pizza/ Grill Choices</i>	<i>Grill Choices</i>
	Pintos and Cheese	Mashed Potatoes <b>Frozen Yogurt</b>	Harvest Apple Sweet Pot. Bake	Steamed Veggies <b>Cookie</b>	

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